









IV Annual Festival of Special Theatre **Proteatr. International meeting**

Moscow, 9–13 February 2018 Cape Town – Moscow – Plymouth – Bremen "Proteatr. International meetings" is a joint project of the Meyerhold Center and NGO of social and creative rehabilitation of children and youth with disabilities "Krug". Its goal is to implement intercultural dialogue in the field of special art.

The project is a creative collaboration. "Proteatr. International meeting" festival's co-organisers in 2018: NGO "Krug", The Meyerhold Theatre Center, National Centre for Contemporary Arts, Goethe Institute in Moscow, British Council.

General sponsor: COALCO

Special theatre is a theatre with active participation of people with disabilities. Performers and directors create plays with a help of special expressive means that help a person with disabilities to look for resources in his own body and mind, opening a door into a world of new opportunities.

From one year to another the festival strives to expand our understanding of norm in creativity, to develop new ways of communication and to review values of modern culture. The theme of the Festival 2018 is classical and modern dance — a key tandem for the "special stage". Here narrative and physical samples of "great culture" acquire new meanings, as well as social and cultural perspectives.

ANNUAL SCIENTIFIC AND PRACTICAL SEMINAR "ART — THERAPY — INCLUSION"

February 9 (National Centre for Contemporary Arts as a part of ROSIZO, Small Hall)

PLAYS

February 10 – 13 (The Meyerhold Center, Big Hall) The Meyerhold Center ticket office: +7 495 363 10 48

WORKSHOPS

February 9 (National Centre for Contemporary Arts as a part of ROSIZO, Small Hall)
February 10 – 13 (The Meyerhold Center, Green foyer)

Free admission to the seminar and workshops with advance registration: +7 985 850 30 27

The Meyerhold Center

Novoslobodskaya ul., 23 Mendeleyevskaya metro station

National Centre for Contemporary Arts – ROSIZO Zoologicheskaya ul., 13/2 Barrikadnaya metro station

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Annual seminar "Art — Therapy — Inclusion"

February 9 Friday National Centre for Contemporary Arts as a part of ROSIZO, Small Hall, floor 3

Inclusive theatre and Contemporary dance – on the way to a dialogue. (Inclusive practices and movement)

The seminar aims to develop the collaboration between specialists in contemporary dance and in inclusive theatre. Recently a trend has emerged – contemporary dance professionals are invited to stage inclusive theatre works. Professional dance community is paying more attention to inclusive theatres. Describing the phenomenon of physicality, specialists

raise such topics as "non-normative body", "special body code", "social body". Those are relevant for inclusive theatre, too. One of the goals of the seminar is to set a precedent for collaboration between the two groups of specialists and to announce that experience in implementing the achievements of contemporary dance in the field of inclusive theatre has been gained.

The participants of the seminar are famous Russian and foreign specialists who work at the intersection of contemporary dance and inclusive theatre.

9:45-10:00 Registration

10:00-14:15 Presentations and discussions on the phenomenon of physicality: "non-normative body", "special body code", "social body" in inclusive practice and contemporary dance.

15:30–17:30 Experimental lab by Integrated Theater Studio ITS Krug

Health protection in performance practice: sensory integration as a training method for inclusive theatre actors. Combination of aesthetical and rehabilitation aspects in the plays of inclusive theatre ensembles.

We suggest that lab participants wear comfortable, loose clothing that they can freely move in.

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Ashed

Unmute Dance Company /South Africa, Cape Town/

February 10 Saturday **19:00** The Meyerhold Center, Big Hall, floor 5

Created and Choreographed by Themba Mbuli

The work interrogates the problems of South Africa's progress: how has the society changed after 23 years of independence and democracy? Raising the issues of the national history, the artists use visual images and actions: they sink into ashes like into fertile soil, exploring it with physical effort.

"Ashed" is inspired by human figures of Pompeii, Italy, who were frozen in volcanic ashes. As if the bodies trapped in volcanic ash, South Africans were trapped in their own past. The work is a reflection of the country's past, a mirror of the present occurrences and reflections on where the country is heading.

The artists together with the audience experience the metaphorical meaning of the dance in ashes. Which of modernity's dimensions will turn out to be "the phoenix"?

20:15 Public talk, Green foyer, floor 4



Onegin

Integrated Theater Studio ITS Krug /Moscow, Russia/

February 11 Sunday **19:00** The Meyerhold Center, Big Hall, floor 5

Created and Choreographed by Natalya Popova

"Onegin", the Moscow premiere of the season, is a music and plastic arts performance based on the novel by Alexander Pushkin. Ironical transformation of a personal romantic story into the everlasting conflict of values: rational/emotional, individual/collective. This creates a dilemma of the social prospect for us – do we move towards the exclusive or the inclusive?

Рождение памяти

Exim Dance Company CIC /England, Plymouth/

20:15 The Meyerhold Center, Big Hall, floor 5

Choreography: Adam Benjamin

This play is a physical exploration of the memories we keep locked in our bodies. Today we need to put extra effort to find time and space to remember the past. Choreographer Adam Benjamin explores the concept of the body's memory, focusing on human relationships in an exposing and unpredictable manner. The

choreographer has worked closely with three composers (Eduardo Miranda, Matthew Emmet and Andy Cowton). The choreography is based on a search for each of the dance artists' (Kevin French, Emma Pendle, Laura Henry, Mike Williams) natural manner, considering every movements, particularly those which have raw, indefinable movement qualities.

The audience can see "The Birth of Memory" performed in the body language accompanied by authentic music, contains spoken word and striking imagery.

21:15 Public talk, Green foyer, floor 4



Photo: Exim Dance Company CIC proteatr.ru

The Tempest

Das Theaterensemble des Blaumeier-Ateliers /Germany, Bremen/

12, 13 February Monday, Tuesday19:00 The Meyerhold Center, Big Hall, floor 5

Created by Imke Burma, Barbara Weste

The actors reconsider the classical play about anger, revenge, forgiveness and love by Shakespeare. The magic island with unusual trees glowing with fairy light in their pristine beauty. Due to intrigues of his brother and of the Neapolitan king's, Prospero, the former duke of Milan, and his daughter Miranda are sent to a mystical island of persistent songs and mysterious noises.

As the conspirators with king's son Ferdinand appear in the sea not far from the island, Prospero uses magic: with the help of air Elemental Ariel he calls for thunder, and his rival's ship crashes.

The protagonists experience sufferings, anger, love, wonder and longing in the landscape of charming and mesmerizing rhythms, sounds and songs by magical inhabitants of the island. The actors and creators add breathtaking energy of a crime story to Shakespeare's intriguing plot.

20:30 Public talk, Green foyer, floor 4



Workshops

10.02

12:30–13:30 13:30–14:30 15:30–17:30 Interaction within an inclusive ensemble responding to artistic challenges.

Adam Benjamin, choreographer, teacher, joint founder of CandoCo Dance Company Author of books: «Making an Entrance. Theory and practice for disabled and non-disabled dancers», «Dance, access and inclusion: perspectives on dance, young people and change» and articles on inclusive performances and movement practice in professional ensembles and social communities.

Participants of the workshop will get the experience working on particular artistic tasks in an inclusive ensemble. Focusing on the senses and through the exploration of inclusive scores, in connection with the partner, starting from a place of connection and trust and building toward challenge and risk.

We suggest that you attend wearing comfortable, loose clothing that you can freely move in.

11.02 12:00–14:00

Dance and wellness

Andrew Peter Greenwood, Switch2Move choreographer, dancer and teacher for ballet ensembles in Europe. Co-founders of European organisations «Dance for Health Foundation», «The European foundation Dance and Creative Wellness», which are aiming to popularize dance in clinical practice.

He gives classes in the Dutch Dance House for people with Parkinson's disease.

Author of educational modules «Switch2Move».

The workshop is accompanied by **Eldridge Labinjo**, dancer and Switch2Move participant.

The workshop will introduce the practice of rehabilitation through art and dance. S2M method is based on the innovative approach combining wellness, art and movement. For experienced dancers there is a 3-level educational module.

Workshop is open for dancers and stage movement practitioners. We suggest that you attend wearing comfortable, loose clothing that you can freely move in.

11.02 15:30–17:30

Inclusive Theatre work: Exploring everybody's talents, qualities and specialities.
Creating an inclusive ensemble.

Barbara Weste, one of the heads and director in Das Theaterensemble des Blaumeier-Ateliers. Imke Burma — director and composer in Das Theaterensemble des Blaumeier-Ateliers as well as other independent projects in Europe.

On the workshop participants will get voice and movement training. Joy in playing, curiosity and courage are the fundament of our theatre work. «We look for music in every person - to create a unique ensemble together».

or anybody interested in, including actors with disabilities.
We would like the participants to wear loose clothes that they can easily move

in.

Actors or directors

#specialmeetings proteatr.ru

11.02 Or 12:00–14:00 Th fa

On peculiarity of Exim Dance Company's work.

The Session will be led by 4 Exim Dance Company facilitators: Laura Francesca Henry, Kevin French, Emma Pendle and Mike Williams.

Workshop will show EDCO unique art methods.

Participants will become familiar with a selection of ideas and understanding of running an inclusive theatre session with people of varying ages, psychological and physical abilities.

Participants will improve skills in inclusive dance, the confidence to provide the necessary support and encouragement for dancers with disabilities.

A resource pack with ideas for dance sessions will be provided to each participant.

We ask that you attend wearing comfortable clothing that you can freely move in. It is recommended to bring a notebook for note taking or an audio recorder, a smile and open mind.

12.02 15:30–17:30

Integrated Dance Technique and South African Sign Dance Technique

Themba Mbuli, dancer and choreographer, participates in various projects. Co-founder, teacher and choreographer for Unmute Dance Company.

UnDaCo's style of integrated dance uses improvisation as a tool to integrate the dancers with themselves, with their surroundings, environment and with each other. Attention to the difference in physical and psychological abilities of each dancer helps to find a common ground of interaction in contact improvisation. Work is combined with Sign-Dance technique that incorporates South African Sign Language.

The workshop is open to to beginners and to established artists and dancers.
We suggest that you attend wearing comfortable, loose clothing that you can freely move in.

13.02 10:00–12:00

Gestalt drama — path to yourself and towards action.

Martin Dominik Polínek, Ph.D., Gestalt therapist, drama therapist, special education teacher, Palacký University, Olomouc, Czech Republic.

Participants will learn several Gestalt Therapy methods, such as "polarity" and "conflict", which can be used both in therapist's work and in theatre work, specifically in creating stage characters. The workshop is open to beginners and to established artists and dancers as well as art therapy practitioners.

13.02 12:30–14:30

Inclusive practice in dance and theatre based on non-verbal communication "trinity": breath — eye contact — touch.

Hana Strejčková, director, playwright, performer, publicist, art therapist, puppet theatre actress, Jacques Lecoq method teacher.
Carries out creative projects in Czech Republic and other countries.

The workshop will introduce the key elements of non-verbal communication and their practical use: breath in connection with emotions and concentration, eye contact as the inner world and external shape, pros and risks of touch.

The workshop is open to beginners and to established artists and dancers. We suggest that you attend wearing comfortable, loose clothing that you can freely move in.

#протеатрвстречи

Unmute Dance Company

UnDaCo is an integrated company whose aims to inspire the inclusion of 'disabled' persons into the mainstream society through cutting edge and original performances, workshops and exchange programs in different institutions of South Africa.

After a few years of the Company's existence (since 2013), Unmute is already scooping national awards in South Africa (Best Project award for Disability in the Visual, Performing and Literary Arts at the Western Cape Cultural Affairs 2015). It has already been invited to be a part of South Africa's major arts festivals like Grahamstown National Arts Festival, Johannesburg Dance Umbrella Festival, Cape Town's Infecting the City, Gipca's Live Art Festival. Unmute is currently the only existing Integrated Dance Company in South Africa, based in Cape Town as part of the Artscape Resource Centre Incubator programme.

Integrated Theater Studio ITS Krug & Regional public organization for social and creative rehabilitation of children and youth with development disabilities and their families "KRUG" & State Educational Government-Financed Institution of Supplementary Education of the City of Moscow Children's Activity Center "Strogino"

Integrated Theater Studio "KRUG" has been existing for 23 years under the Regional Public Organization for social-creative rehabilitation of children and youth with development disabilities and their families "KRUG". The Organization carries out various projects as a part of systematic initiatives to support, develop and popularise creativity for people with disabilities. State Educational Government-Financed Institution of Supplementary Education of the City of Moscow Children's Activity Center "Strogino" hosts the educational programme of the Studio.

Integrated Theater Studio ITS Krug & the Regional Public Organization for social-creative rehabilitation of children and youth with development disabilities and their families "KRUG" is one of the oldest inclusive ensembles in Russia (since 1995). Elaboration of development methods for inclusive theatre actors is a priority. The Studio has been participating in various European festivals: Scintillae – Fundacion Manantial (Madrid), International

Biennale Theatrical Meetings Therapy and Theatre VIII, X (Lodz), International Festival of Theatres for the Disabled Domino (Lublin), Live it Up – Χορεύοντας για τη ζωή (Kavala), Viva La Vida (Paris), VIII International Festival Escena Mobile (Seville). The Studio regularly gives short-term and long-term workshops in Russia and abroad.

Exim Dance Company CIC

Exim Dance Company is a Plymouth based award winning Dance Company known for their fresh and vibrant approach to making dance accessible for all.

Exim exists to provide opportunities for 'At Risk' young people/ people from disadvantaged social environments to participate in socially engaged dance classes.

Exim won second place in the dance Camera Action section of the Cornish Film Festival in 2011. In 2015 Exim Dance's Intern won Intern of the Year at the National Awards for Creative and Cultural Skills. In 2015 Exim Dance were awarded a special commendation from Grads for Growth for their work to develop graduates.

Exim delivers a wide range of projects, such as ADAPT for young people age 12-25 with or without disabilities. Making Waves Project was set up in June 2017 in partnership with Plymouth University other Higher Education institutions.

Das Theaterensemble & Blaumeier-Ateliers

Das Theaterensemble & Blaumeier-Ateliers is the oldest inclusive project in Germany (since 1986) the plays and performances of which make significant influence on the city social life (award winner of Internationalen Kulturpreis von EUCREA 1991).

«Das Blaumeier-Atelier» works in the fields of theatre, music, mask making, art photography, literature, etc. They give regular introductory workshops. Weekly attendance of the Centre is over 250 people.

«Das Blaumeier-Atelier» is NGO providing leisure activities. They put an emphasis on art but not on therapy, creating pieces of art in the workshops. «Das Blaumeier-Atelier» brings art by people with health limitations onto the professional art market placing it in the context of contemporary culture.

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Organizers

Regional public organization for social and creative rehabilitation of children and youth with development disabilities and their families "KRUG"

Since 1989 The Regional Public Organization for social-creative rehabilitation of children and youth with development disabilities and their families "KRUG" has been aiming to maintain conditions for social and cultural integration of children and youth with health limitations and their families. The Organization carries out various projects as a part of systematic initiatives to support, develop and popularise creativity for people with disabilities focusing on educational, welfare and creative aspects. The program includes culture, pedagogy, theatre and applied subjects related to leisure activities available for children and young people with health limitations and their families. Every child gets «a space for living» including labor, leisure, creative activities and communication.

Educational programs are run by State Educational Government-Financed Institution of Supplementary Education of the City of Moscow Children's Activity Center "Strogino".

Main projects:

- Theatre and rehabilitation camps (since 1990);
- Integrated Theater Studio ITS Krug (since 1995);
- All-Russian Festival of Special Theatre «Proteatr» (since 1999);
- Museum open for all (since 2007) in collaboration with The New Tretyakov Gallery's Educational Department;
- International Summer School in Greece for special theatre and art rehabilitation professionals;
- Annual Festival of Special Theatre "Proteatr. International meeting" (since 2015) in collaboration with the Meyerhold Center.

The Meyerhold Center

Open stage for theatre ensembles. Center for contemporary theatre and educated audience.

Various artists create interdisciplinary performances on the transforming stage of the Meyerhold Center. New drama plays are staged in the cozy Black box. Joining the Club program the spectators acquire practical knowledge of contemporary theatre. The Kids program offers a variety of plays for the young audience made by young theatre companies.

The Meyerhold Center hosts best theatre festivals, such as «TERRITORIA», «NET», «Golden Mask» и «Proteatr. International meeting». The Centre also runs 2 own festivals: «Performance in The Meyerhold Center» and «New Drama».

Artictic director: Victor Ryzhakov.

Festival ProTeatr

Being a long-lasting project (since 1999) the All-Russian festival of special theaters "Proteatr" is a pioneer in promotion of the special theatre in Moscow and Russian theatre field. Festival season runs every 3 years (2001, 2004, 2007, 2010, 2013, 2016) on various Moscow theatre stages. According to the competition results, the festival shows the best plays of special theatres from almost all around Russia, CIS, Europe and Asia.

«Proteatr. International meeting» is a project by Festival ProTeatr initiated in 2015. The festival themes reflect inclusive theatre specificity in the cultural context:

- Absurd Theatre (2015);
- Traditional Theatre (2016);
- Collective protagonist and character (2017);
- Classical repertoire and contemporary dance (2018).

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Special thanks to General sponsor: COALCO, co-organizers, partners and sponsors of the project: Moscow Society of Disabled, National Centre for Contemporary Arts as a part of ROSIZO, Goethe Institute in Moscow, British Council, the Czech Centre in Moscow, the Embassy of the Netherlands, the Embassy of France in Moscow, Acer-Russie Association, Theatre «Ballet Moskva», The Great Moscow State Circus, Demeter Fragrance Library, Novotel Moscow Centre.































